

2026 Region 5 Insider

Session Summary

Feb 20-22, 2026

Friday, February 20, 2026 Xcel Platinum			Session: G01 # Gymnasts 68			Open Stretch 2:00 PM Timed Warmup 2:20 PM			March In 2:20 PM Awards 4:45 PM		
Flight A (35 gymnasts)			Flight B (33 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion OH	XP	1	Euro Stars MI	XP	11						
Grand Rapids MI	XP	10	Gym-Jester MI	XP	2						
GTCO OH	XP	7	Legacy KY	XP	16						
Gym America MI	XP	6	Victory IN	XP	4						
IK Gymn IL	XP	5									
Renegade IL	XP	6									

Friday, February 20, 2026 XD & XSA			Session: G02 # Gymnasts 52			Open Stretch 5:45 PM Timed Warmup 6:05 PM			March In 6:05 PM Awards 8:45 PM		
Flight A (27 gymnasts)			Flight B (25 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion OH	XD	4	Grand Rapids MI	XD	11						
Euro Stars MI	XD	3	Grand Rapids MI	XSA	1						
Gym America MI	XD	6	GTCO OH	XD	4						
Legacy KY	XD	12	IK Gymn IL	XD	5						
Legacy KY	XSA	2	IK Gymn IL	XSA	1						
			Renegade IL	XD	1						
			Victory IN	XD	2						

Saturday, February 21, 2026 Xcel Silver			Session: G03 # Gymnasts 55			Open Stretch 8:00 AM Timed Warmup 8:15 AM			March In 8:15 AM Awards 10:00 AM		
Flight A (20 gymnasts)			Flight B (35 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion OH	XS	1	Euro Stars MI	XS	15						
Gym-Jester MI	XS	3	Grand Rapids MI	XS	20						
Trinity IL	XS	1									
Victory IN	XS	15									

Saturday, February 21, 2026 Xcel Silver			Session: G04 # Gymnasts 57			Open Stretch 11:00 AM Timed Warmup 11:15 AM			March In 11:15 AM Awards 1:00 PM		
Flight A (32 gymnasts)			Flight B (25 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Gym America MI	XS	19	Euro Stars MI	XS	11						
IK Gymn IL	XS	6	GTCO OH	XS	14						
Renegade IL	XS	7									

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Saturday, February 21, 2026 Xcel Gold			Session: G05 # Gymnasts 83			Open Stretch 2:00 PM Timed Warmup 2:15 PM			March In 2:15 PM Awards 5:15 PM		
Flight A (44 gymnasts)			Flight B (39 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion OH	XG	4	Euro Stars MI	XG	16						
Grand Rapids MI	XG	9	Evanston IL	4	1						
GTCO OH	XG	10	Evanston IL	XG	4						
Gym-Jester MI	XG	4	Gym America MI	XG	16						
Renegade IL	XG	8	IK Gymn IL	XG	2						
Victory IN	XG	9									

Saturday, February 21, 2026 Level 4			Session: G06 # Gymnasts 84			Open Stretch 6:15 PM Timed Warmup 6:30 PM			March In 6:30 PM Awards 9:15 PM		
Flight A (43 gymnasts)			Flight B (41 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Euro Stars MI	4	12	Gym America MI	4	18						
Evanston IL	4	7	Legacy KY	4	22						
FlipStar IL	4	6	Splitz MI	4	1						
Grand Rapids MI	4	9									
GTCO OH	4	6									
GymDynasty IL	4	3									

Friday, February 20, 2026 Level 6			Session: R01 # Gymnasts 64			Open Stretch 2:45 PM Timed Warmup 3:05 PM			March In 3:05 PM Awards 5:15 PM		
Flight A (36 gymnasts)			Flight B (28 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Euro Stars MI	6	10	FlipStar IL	6	13						
Gym America MI	6	8	Legacy KY	6	15						
Signature IL	6	9									
WorldOf Twinsburg OH	6	9									

Friday, February 20, 2026 Level 6 & 7			Session: R02 # Gymnasts 61			Open Stretch 6:15 PM Timed Warmup 7:05 PM			March In 7:05 PM Awards 8:45 PM		
Flight A (29 gymnasts)			Flight B (32 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Euro Stars MI	7	7	Grand Rapids MI	6	7						
FlipStar IL	7	11	GTCO OH	6	7						
GymDynasty IL	7	1	GTCO OH	7	2						
Signature IL	7	4	Gym America MI	7	9						
Splitz MI	6	3	Legacy KY	7	7						
Victory IN	7	2									
WorldOf Twinsburg OH	7	1									

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Saturday, February 21, 2026 Level 8			Session: R03 # Gymnasts 44			Open Stretch 9:00 AM Timed Warmup 9:20 AM			March In 9:20 AM Awards 12:00 PM		
Flight A (19 gymnasts)			Flight B (25 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Euro Stars MI	8	5	FlipStar IL	8	10						
Gymnastics Etc. IL	8	4	Grand Rapids MI	8	3						
Legacy KY	8	2	Gym America MI	8	7						
Renegade IL	8	3	Splitz MI	8	3						
Signature IL	8	5	WorldOf Twinsburg OH	8	2						

Saturday, February 21, 2026 Level 9			Session: R04 # Gymnasts 39			Open Stretch 1:00 PM Timed Warmup 1:20 PM			March In 1:20 PM Awards 4:15 PM		
Flight A (12 gymnasts)			Flight B (27 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
FlipStar IL	9	7	Euro Stars MI	9	6						
Signature IL	9	5	Grand Rapids MI	9	4						
			Gym America MI	9	5						
			Gymnastics Etc. IL	9	3						
			Legacy KY	9	7						
			WorldOf Twinsburg OH	9	2						

Saturday, February 21, 2026 Level 10 & 5			Session: R05 # Gymnasts 55			Open Stretch 5:15 PM Timed Warmup 5:35 PM			March In 5:35 PM Awards 8:15 PM		
Flight A (25 gymnasts)			Flight B (30 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Euro Stars MI	10	3	FlipStar IL	10	5						
Gymnastics Etc. IL	10	7	FlipStar IL	5	13						
Legacy KY	10	1	Gym America MI	10	3						
Signature IL	10	5	Gym America MI	5	7						
Splitz MI	10	1	WorldOf Twinsburg OH	10	2						
Splitz MI	5	5									
Victory IN	10	3									

Sunday, February 22, 2026 Level 2 & XB			Session: R06 # Gymnasts 54			Open Stretch 8:00 AM Timed Warmup 8:15 AM			March In 8:15 AM Awards 9:45 AM		
Flight A (16 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Trinity IL	XB	5	Euro Stars MI	XB	24						
Victory IN	XB	11	GTCO OH	2	7						
			Gym-Jester MI	XB	7						

Sunday, February 22, 2026 Level 3			Session: R07 # Gymnasts 72			Open Stretch 10:45 AM Timed Warmup 11:00 AM			March In 11:00 AM Awards 1:00 PM		
Flight A (36 gymnasts)			Flight B (36 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Grand Rapids MI	3	20	Euro Stars MI	3	11						
Gym America MI	3	16	Evanston IL	3	10						
			FlipStar IL	3	9						
			GTCO OH	3	6						