

2026 Region 5 Insider

Session Summary

Feb 20-22, 2026

Friday, February 20, 2026			Session: G01		Open Stretch 2:00 PM		March In 2:20 PM	
Xcel Platinum			# Gymnasts 70		Timed Warmup 2:20 PM		Awards 4:45 PM	
Flight A (36 gymnasts)			Flight B (34 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts			
Champion OH	XP	1	Euro Stars MI	XP	12			
Grand Rapids MI	XP	10	Gym-Jester MI	XP	2			
GTCO OH	XP	8	Legacy KY	XP	16			
Gym America MI	XP	5	Victory IN	XP	4			
IK Gymn IL	XP	5						
Renegade IL	XP	7						

Friday, February 20, 2026			Session: G02			Open Stretch 5:45 PM			March In 6:05 PM		
XD & XSA			# Gymnasts 54			Timed Warmup 6:05 PM			Awards 8:45 PM		
Flight A (28 gymnasts)						Flight B (26 gymnasts)					
Gym		Level	# Gymnasts	Gym		Level	# Gymnasts	Gym		Level	# Gymnasts
Champion OH		XD	4	Grand Rapids MI		XD	11	Grand Rapids MI		XSA	1
Euro Stars MI		XD	3	Grand Rapids MI		XSA	1	GTCO OH		XD	4
Gym America MI		XD	7	IK Gymn IL		XD	5	IK Gymn IL		XSA	1
Legacy KY		XD	12	Renegade IL		XD	2	Victory IN		XD	2
Legacy KY		XSA	2								

Saturday, February 21, 2026			Session: G03		Open Stretch 8:00 AM		March In 8:15 AM	
Xcel Silver			# Gymnasts 55		Timed Warmup 8:15 AM		Awards 10:00 AM	
Flight A (20 gymnasts)					Flight B (35 gymnasts)			
Gym	Level	# Gymnasts			Gym	Level	# Gymnasts	
Champion OH	XS	1			Euro Stars MI	XS	14	
Gym-Jester MI	XS	3			Grand Rapids MI	XS	21	
Trinity IL	XS	1						
Victory IN	XS	15						

Saturday, February 21, 2026			Session: G04		Open Stretch 11:00 AM		March In 11:15 AM	
Xcel Silver			# Gymnasts 56		Timed Warmup 11:15 AM		Awards 1:00 PM	
Flight A (29 gymnasts)					Flight B (27 gymnasts)			
Gym	Level	# Gymnasts			Gym	Level	# Gymnasts	
Gym America MI	XS	19			Euro Stars MI	XS	13	
IK Gymn IL	XS	6			GTCO OH	XS	14	
Renegade IL	XS	4						

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Saturday, February 21, 2026			Session: G05		Open Stretch 2:00 PM		March In 2:15 PM	
Xcel Gold			# Gymnasts 89		Timed Warmup 2:15 PM		Awards 5:15 PM	
Flight A (46 gymnasts)			Flight B (43 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts			
Champion OH	XG	4	Euro Stars MI	XG	19			
Grand Rapids MI	XG	9	Evanston IL	XG	5			
GTCO OH	XG	10	Gym America MI	XG	17			
Gym-Jester MI	XG	4	IK Gymn IL	XG	2			
Renegade IL	XG	10						
Victory IN	XG	9						

Saturday, February 21, 2026			Session: G06		Open Stretch 6:15 PM		March In 6:30 PM	
Level 4			# Gymnasts 84		Timed Warmup 6:30 PM		Awards 9:15 PM	
Flight A (43 gymnasts)			Flight B (41 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts			
Euro Stars MI	4	12	Gym America MI	4	18			
Evanston IL	4	7	Legacy KY	4	22			
FlipStar IL	4	6	Splitz MI	4	1			
Grand Rapids MI	4	9						
GTCO OH	4	6						
GymDynasty IL	4	3						

Friday, February 20, 2026			Session: R01		Open Stretch 2:45 PM		March In 3:05 PM	
Level 6			# Gymnasts 65		Timed Warmup 3:05 PM		Awards 5:15 PM	
Flight A (37 gymnasts)			Flight B (28 gymnasts)					
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts			
Euro Stars MI	6	10	FlipStar IL	6	13			
Gym America MI	6	8	Legacy KY	6	15			
Signature IL	6	9						
WorldOf Twinsburg OH	6	10						

Friday, February 20, 2026			Session: R02			Open Stretch 6:15 PM			March In 7:05 PM		
Level 7			# Gymnasts 64			Timed Warmup 7:05 PM			Awards 8:45 PM		
Flight A (32 gymnasts)						Flight B (32 gymnasts)					
Gym	Level	# Gymnasts				Gym	Level	# Gymnasts			
Euro Stars MI	7	8				Grand Rapids MI	6	7			
FlipStar IL	7	11				GTCO OH	6	7			
GymDynasty IL	7	1				GTCO OH	7	2			
Renegade IL	6	2				Gym America MI	7	9			
Signature IL	7	4				Legacy KY	7	7			
Splitz MI	6	3									
Victory IN	7	2									
WorldOf Twinsburg OH	7	1									

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Saturday, February 21, 2026			Session: R03			Open Stretch 9:00 AM			March In 9:20 AM		
Level 8			# Gymnasts 45			Timed Warmup 9:20 AM			Awards 12:00 PM		
Flight A (19 gymnasts)						Flight B (26 gymnasts)					
Gym	Level	# Gymnasts				Gym	Level	# Gymnasts			
Euro Stars MI	8	5				FlipStar IL	8	10			
Gymnastics Etc. IL	8	4				Grand Rapids MI	8	3			
Legacy KY	8	2				Gym America MI	8	7			
Renegade IL	8	4				Splitz MI	8	3			
Signature IL	8	4				WorldOf Twinsburg OH	8	3			

Saturday, February 21, 2026 Level 9			Session: R04 # Gymnasts 41			Open Stretch 1:00 PM Timed Warmup 1:20 PM			March In 1:20 PM Awards 4:15 PM		
Flight A (13 gymnasts)			Flight B (28 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
FlipStar IL	9	7	Euro Stars MI	9	6						
Signature IL	9	6	Grand Rapids MI	9	4						
			Gym America MI	9	5						
			Gymnastics Etc. IL	9	4						
			Legacy KY	9	7						
			WorldOf Twinsburg OH	9	2						

Saturday, February 21, 2026 Level 10 & 5			Session: R05 # Gymnasts 55			Open Stretch 5:15 PM Timed Warmup 5:35 PM			March In 5:35 PM Awards 8:15 PM		
Flight A (26 gymnasts)			Flight B (29 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Euro Stars MI	10	4	FlipStar IL	10	5						
Gymnastics Etc. IL	10	8	FlipStar IL	5	12						
Legacy KY	10	1	Gym America MI	10	3						
Signature IL	10	4	Gym America MI	5	7						
Splitz MI	10	1	WorldOf Twinsburg OH	10	2						
Splitz MI	5	5									
Victory IN	10	3									

Sunday, February 22, 2026 Level 2 & XB			Session: R06 # Gymnasts 54			Open Stretch 8:00 AM Timed Warmup 8:15 AM			March In 8:15 AM Awards 9:45 AM		
Flight A (16 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Trinity IL	XB	5	Euro Stars MI	XB	24						
Victory IN	XB	11	GTCO OH	2	7						
			Gym-Jester MI	XB	7						

Sunday, February 22, 2026 Level 3			Session: R07 # Gymnasts 72			Open Stretch 10:45 AM Timed Warmup 11:00 AM			March In 11:00 AM Awards 1:00 PM		
Flight A (36 gymnasts)			Flight B (36 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Grand Rapids MI	3	20	Euro Stars MI	3	11						
Gym America MI	3	16	Evanston IL	3	10						
			FlipStar IL	3	9						
			GTCO OH	3	6						