

# Region 5 Insider AAU 2025

## Session Summary

Feb 23, 2025

Sunday, February 23, 2025			Session: R08			Open Warmup 11:00 AM			March In 11:20 AM								
XG-XP, And Adults			# Gymnasts 50			Timed Warmup 11:25 AM			Awards 1:30 AM								
_____ Flight A (28 gymnasts) _____						_____ Flight B (22 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Dana Mannix Gymnasti			AXS			1			The Club For Gymnast			XG			16		
Dayton Academy			XG			1			The Club For Gymnast			XP			6		
Different Drum Gymna			AXS			1											
Grand Rapids Gymnast			AXB			1											
High Flyers			XG			13											
High Flyers			XP			7											
Jurassic Gymnastics			AXD			1											
Meadowview Gymnastic			AXD			1											
Uga			AXD			1											
Uga			AXG			1											

Sunday, February 23, 2025			Session: R09			Open Warmup 2:30 PM			March In 2:45 PM					
XB-XS-XD			# Gymnasts 24			Timed Warmup 2:50 PM			Awards 4:30 PM					
Gym			Level			# Gymnasts								
Dayton Academy			XB			1								
Dayton Academy			XD			1								
Dayton Academy			XS			4								
High Flyers			XD			3								
The Club For Gymnast			XS			15								