

# 2025 Region 5 Insider

## Session Summary

Feb 21-23, 2025

Friday, February 21, 2025 Xcel Platinum			Session: G01 # Gymnasts 71			Open Stretch 10:00 AM Timed Warmup 10:20 AM			March In 10:20 AM Awards 1:00 PM		
Flight A (34 gymnasts)			Flight B (37 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
For the Kidz MI	XP	5	Champion OH	XP	5						
IK Gymn IL	XP	8	GTCO OH	XP	5						
Kokomo Flipsters IN	XP	7	Gym America MI	XP	7						
Phoenix MI	XP	1	Mid Michigan	XP	6						
Signature IL	XP	2	Renegade IL	XP	3						
Vernon Hills IL	XP	8	SET-10 IN	XP	4						
X-treme Gymn OH	XP	3	Ultimate Gymn IL	XP	5						
			Victory IN	XP	2						

Friday, February 21, 2025 Xcel Gold			Session: G02 # Gymnasts 77			Open Stretch 2:00 PM Timed Warmup 2:15 PM			March In 2:15 PM Awards 4:45 PM		
Flight A (38 gymnasts)			Flight B (39 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Gym-Jester MI	XG	4	GTCO OH	XG	13						
IK Gymn IL	XG	4	Mid Michigan	XG	4						
Phoenix MI	XG	3	Renegade IL	XG	12						
SET-10 IN	XG	14	Ultimate Gymn IL	XG	10						
Signature IL	XG	13									

Friday, February 21, 2025 Xcel Gold			Session: G03 # Gymnasts 78			Open Stretch 5:45 PM Timed Warmup 6:00 PM			March In 6:00 PM Awards 8:30 PM		
Flight A (33 gymnasts)			Flight B (45 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion OH	XG	1	DeVeau's IN	XG	23						
Gym America MI	XG	15	For the Kidz MI	XG	9						
Vernon Hills IL	XG	9	Kokomo Flipsters IN	XG	13						
Victory IN	XG	8									

Saturday, February 22, 2025 Xcel Silver			Session: G04 # Gymnasts 73			Open Stretch 8:00 AM Timed Warmup 8:15 AM			March In 8:15 AM Awards 10:30 AM		
Flight A (35 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
DeVeau's IN	XS	17	GTCO OH	XS	14						
Gym America MI	XS	18	Phoenix MI	XS	4						
			Signature IL	XS	14						
			Vernon Hills IL	XS	6						

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Saturday, February 22, 2025 Xcel Silver			Session: G05 # Gymnasts 72	Open Stretch 11:30 AM Timed Warmup 11:45 AM	March In 11:45 AM Awards 2:00 PM
Flight A (35 gymnasts)			Flight B (37 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
For the Kidz MI	XS	6	Champion OH	XS	7
Gym-Jester MI	XS	4	DeVeau's IN	XS	17
Kokomo Flipsters IN	XS	8	Renegade IL	XS	1
SET-10 IN	XS	10	Victory IN	XS	12
Ultimate Gymn IL	XS	7			

Saturday, February 22, 2025 Level 4			Session: G06 # Gymnasts 66	Open Stretch 3:00 PM Timed Warmup 3:15 PM	March In 3:15 PM Awards 5:30 PM
Flight A (34 gymnasts)			Flight B (32 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Gibson IN	4	3	Lake City IN	4	14
GTCO OH	4	4	Signature IL	4	18
Gym America MI	4	13			
Vernon Hills IL	4	5			
X-treme Gymn OH	4	9			

Saturday, February 22, 2025 Level 5			Session: G07 # Gymnasts 66	Open Stretch 6:30 PM Timed Warmup 6:45 PM	March In 6:45 PM Awards 9:00 PM
Flight A (32 gymnasts)			Flight B (34 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
DeVeau's IN	5	12	Circle City IN	5	10
Mid Michigan	5	3	Gym America MI	5	8
Power In Motion MI	5	2	Lake City IN	5	10
Signature IL	5	8	Ultimate Gymn IL	5	6
Valpo Gymn IN	5	2			
Vernon Hills IL	5	5			

Sunday, February 23, 2025 Level 4			Session: G08 # Gymnasts 63	Open Stretch 8:00 AM Timed Warmup 8:15 AM	March In 8:15 AM Awards 10:30 AM
Flight A (29 gymnasts)			Flight B (34 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
DeVeau's IN	4	17	GTC-Indiana	4	3
Power In Motion MI	4	12	Gym-Jester MI	4	1
			Mid Michigan	4	11
			Phoenix MI	4	6
			Ultimate Gymn IL	4	9
			Valpo Gymn IN	4	4

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Sunday, February 23, 2025 Level 3			Session: G09 # Gymnasts 64			Open Stretch 11:30 AM Timed Warmup 11:45 AM			March In 11:45 AM Awards 1:45 PM		
Flight A (33 gymnasts)			Flight B (31 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
GTC-Indiana	3	5	DeVeau's IN	3	15						
GTCO OH	3	8	Mid Michigan	3	16						
Power In Motion MI	3	9									
X-treme Gymn OH	3	11									

Sunday, February 23, 2025 Level 3			Session: G10 # Gymnasts 68			Open Stretch 2:45 PM Timed Warmup 3:00 PM			March In 3:00 PM Awards 5:00 PM		
Flight A (33 gymnasts)			Flight B (35 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Gibson IN	3	3	DeVeau's IN	3	14						
Gym America MI	3	16	Lake City IN	3	21						
Ultimate Gymn IL	3	8									
Vernon Hills IL	3	6									

Friday, February 21, 2025 Level 6			Session: R01 # Gymnasts 62			Open Stretch 10:30 AM Timed Warmup 10:50 AM			March In 10:50 AM Awards 1:15 PM		
Flight A (32 gymnasts)			Flight B (30 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion Gym OH	6	3	FlipStar IL	6	10						
Circle City IN	6	4	Lake Erie Gymn OH	6	8						
GTC-Indiana	6	4	Power In Motion MI	6	6						
GTCO OH	6	4	Ultimate Gymn IL	6	6						
Signature IL	6	5									
Summit IN	6	4									
X-treme Gymn OH	6	8									

Friday, February 21, 2025 Level 7			Session: R02 # Gymnasts 58			Open Stretch 2:15 PM Timed Warmup 2:35 PM			March In 2:35 PM Awards 4:45 PM		
Flight A (27 gymnasts)			Flight B (31 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Lake Erie Gymn OH	7	4	Champion Gym OH	7	1						
New Heights OH	7	1	Circle City IN	7	7						
Signature IL	7	12	FlipStar IL	7	18						
Ultimate Gymn IL	7	8	Summit IN	7	2						
Valpo Gymn IN	7	2	X-treme Gymn OH	7	3						

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Friday, February 21, 2025 XD & XSA			Session: R03 # Gymnasts 47			Open Stretch 5:45 PM Timed Warmup 6:05 PM			March In 6:05 PM Awards 8:30 PM		
Flight A (22 gymnasts)			Flight B (25 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Champion Gym OH	XD	5	Champion OH	XD	1						
GTCO OH	XD	3	IK Gymn IL	XD	3						
Gym-Jester MI	XD	3	Mid Michigan	XD	2						
Signature IL	XD	5	Phoenix MI	XD	1						
Ultimate Gymn IL	XD	2	Renegade IL	XD	2						
Vernon Hills IL	XD	3	Renegade IL	XSA	1						
X-treme Gymn OH	XD	1	SET-10 IN	XD	4						
			SET-10 IN	XSA	3						
			Summit IN	XD	4						
			Summit IN	XSA	2						
			Victory IN	XD	2						

Saturday, February 22, 2025 Level 6 & 7			Session: R04 # Gymnasts 62			Open Stretch 8:30 AM Timed Warmup 8:50 AM			March In 8:50 AM Awards 11:15 AM		
Flight A (32 gymnasts)			Flight B (30 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Gym America MI	6	9	Crossroads Elite OH	6	3						
Lake City IN	6	1	Crossroads Elite OH	7	3						
Lake City IN	7	3	Gibson IN	6	10						
Mid Michigan	6	3	Gibson IN	7	9						
Mid Michigan	7	5	Phoenix MI	6	4						
Renegade IL	6	1	Phoenix MI	7	1						
Renegade IL	7	3									
Vernon Hills IL	6	2									
Vernon Hills IL	7	1									
Victory IN	6	4									

Saturday, February 22, 2025 Level 8			Session: R05 # Gymnasts 54			Open Stretch 12:15 PM Timed Warmup 12:35 PM			March In 12:35 PM Awards 3:15 PM		
Flight A (26 gymnasts)			Flight B (28 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
FlipStar IL	8	11	Circle City IN	8	2						
Gibson IN	8	6	GTC-Indiana	8	3						
Lake Erie Gymn OH	8	2	GTCO OH	8	1						
Power In Motion MI	8	1	Mid Michigan	8	3						
Signature IL	8	6	New Heights OH	8	2						
			Phoenix MI	8	4						
			Renegade IL	8	2						
			Ultimate Gymn IL	8	3						
			Valpo Gymn IN	8	2						
			Vernon Hills IL	8	2						
			X-treme Gymn OH	8	4						

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Saturday, February 22, 2025 Level 9 & 10			Session: R06 # Gymnasts 60			Open Stretch 4:15 PM Timed Warmup 4:35 PM			March In 4:35 PM Awards 7:45 PM		
Flight A (32 gymnasts)			Flight B (28 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
FlipStar IL	10	4	Champion Gym OH	10	2						
FlipStar IL	9	6	Champion Gym OH	9	1						
GTC-Indiana	10	3	Lake Erie Gymn OH	10	1						
GTC-Indiana	9	1	Power In Motion MI	9	3						
GTCO OH	10	2	Signature IL	10	5						
Mid Michigan	10	4	Signature IL	9	5						
Mid Michigan	9	5	Summit IN	9	5						
Ultimate Gymn IL	9	4	X-treme Gymn OH	10	5						
Victory IN	9	3	X-treme Gymn OH	9	1						

Sunday, February 23, 2025 Level 2 & XB			Session: R07 # Gymnasts 79			Open Stretch 8:00 AM Timed Warmup 8:15 AM			March In 8:15 AM Awards 10:15 AM		
Flight A (37 gymnasts)			Flight B (42 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
For the Kidz MI	XB	3	Gibson IN	2	4						
Victory IN	XB	10	GTCO OH	2	8						
Wabash Fireflies IN	2	6	GTCO OH	XB	5						
X-treme Gymn OH	2	18	Kokomo Flipsters IN	XB	10						
			Lake City IN	2	6						
			New Heights OH	2	9						