

# Region 5 Insider Classic

## Session Summary

Feb 24-26, 2023

Friday, February 24, 2023			Session: R01			Stretch 8:00 AM			Warm Up/Comp 8:25 AM		
Level 6-7			# Gymnasts 79			Introduction 8:20 AM			Awards 11:00 AM		
Flight A (37 gymnasts)			Flight B (42 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Flip Starz	7	3	Chicago Park Dist	6	3						
Flytz Gymnastics	7	6	Chicago Park Dist	7	4						
GRG	6	4	ESA	7	4						
GRG	7	6	Flipsters	6	5						
Lake Erie Gymnastics	6	4	Flipsters	7	1						
Lake Erie Gymnastics	7	1	GM	7	5						
LCGYM	6	2	GTC-Indiana	6	4						
Mills	7	3	GTC-Indiana	7	6						
Palmer's Gymnastic01	6	4	Renegade	6	2						
Westside Gymnastics	7	4	Renegade	7	2						
			Ultimate01	7	6						

Friday, February 24, 2023			Session: R02			Stretch 12:00 PM			Warm Up/Comp 12:25 PM		
Level 7			# Gymnasts 81			Introduction 12:20 PM			Awards 3:00 PM		
Flight A (38 gymnasts)			Flight B (43 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Buckeye Gymnastics	7	10	FlipStar IL	7	13						
Fusion Gymnastics	7	3	LGA	7	6						
Gymniks	7	4	OGA	7	24						
LEGACY	7	11									
Michigan Elite	7	6									
Splitz	7	4									

Friday, February 24, 2023			Session: R03			Stretch 4:00 PM			Warm Up/Comp 4:20 PM		
Level 5			# Gymnasts 69			Introduction 4:15 PM			Awards 6:30 PM		
Flight A (30 gymnasts)			Flight B (39 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
LEGACY	5	16	ESA	5	3						
Michigan Elite	5	13	Flip Starz	5	4						
Renegade	5	1	GA	5	4						
			GRG	5	4						
			LCGYM	5	5						
			Mills	5	6						
			Palmer's Gymnastic01	5	6						
			Ultimate01	5	7						

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Friday, February 24, 2023			Session: R04			Stretch 7:15 PM			Warm Up/Comp 7:40 PM								
Level XD			# Gymnasts 28			Introduction 7:35 PM			Awards 9:15 PM								
_____ Flight A (18 gymnasts) _____						_____ Flight B (10 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Cutting Edge			XD			5			Rising Starz			XD			10		
Flytz Gymnastics			XD			1											
LEGACY			XD			6											
Michigan Elite			XD			1											
Renegade			XD			1											
SET-10			XD			3											
X-treme Gymnastics			XD			1											

Saturday, February 25, 2023			Session: R05			Stretch 8:00 AM			Warm Up/Comp 8:25 AM								
Level 8			# Gymnasts 51			Introduction 8:20 AM			Awards 10:45 AM								
_____ Flight A (16 gymnasts) _____						_____ Flight B (35 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Champ			8			1			Buckeye Gymnastics			8			9		
ESA			8			1			Gymniks			8			9		
Fusion Gymnastics			8			4			LEGACY			8			17		
GM			8			1											
GRG			8			2											
Lake Erie Gymnastics			8			1											
OGA			8			1											
Splitz			8			2											
Ultimate01			8			3											

Saturday, February 25, 2023			Session: R06			Stretch 11:30 AM			Warm Up/Comp 11:55 AM								
Level 8			# Gymnasts 45			Introduction 11:50 AM			Awards 2:00 PM								
_____ Flight A (23 gymnasts) _____						_____ Flight B (22 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
FlipStar IL			8			5			Chicago Park Dist			8			6		
GTC-Indiana			8			12			Flytz Gymnastics			8			2		
ODG			8			3			GJGC			8			1		
Palmer's Gymnastic01			8			3			LGA			8			4		
									Mills			8			4		
									X-treme Gymnastics			8			5		

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Saturday, February 25, 2023			Session: R07			Stretch 2:45 PM			Warm Up/Comp 3:10 PM		
Level 9			# Gymnasts 63			Introduction 3:05 PM			Awards 6:15 PM		
Flight A (31 gymnasts)			Flight B (32 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
ESA	9	1	Champ	9	1						
Flytz Gymnastics	9	3	Chicago Park Dist	9	5						
OGA	9	16	FlipStar IL	9	7						
Palmer's Gymnastic01	9	3	GM	9	1						
Splitz	9	4	Lake Erie Gymnastics	9	3						
Ultimate01	9	4	LEGACY	9	3						
			LGA	9	6						
			Mills	9	1						
			ODG	9	2						
			Westside Gymnastics	9	1						
			X-treme Gymnastics	9	2						

Saturday, February 25, 2023			Session: R08			Stretch 7:00 PM			Warm Up/Comp 7:25 PM		
Level 10			# Gymnasts 32			Introduction 7:20 PM			Awards 9:30 PM		
Flight A (19 gymnasts)			Flight B (13 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Chicago Park Dist	10	2	Fusion Gymnastics	10	1						
FlipStar IL	10	1	Gymniks	10	4						
Flytz Gymnastics	10	6	Lake Erie Gymnastics	10	2						
LEGACY	10	5	ODG	10	2						
LGA	10	3	OGA	10	4						
Ultimate01	10	2									

Sunday, February 26, 2023			Session: R09			Stretch 8:00 AM			Warm Up/Comp 8:20 AM		
Level 3			# Gymnasts 75			Introduction 8:15 AM			Awards 10:30 AM		
Flight A (33 gymnasts)			Flight B (42 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
LGA	3	16	EuroStars Gymnastics	3	10						
X-treme Gymnastics	3	17	Flip Starz	3	9						
			Mills	3	11						
			Splitz	3	5						
			Ultimate01	3	7						

Sunday, February 26, 2023			Session: R10			Stretch 11:30 AM			Warm Up/Comp 11:50 AM		
Level 3			# Gymnasts 90			Introduction 11:45 AM			Awards 2:30 PM		
Flight A (42 gymnasts)			Flight B (48 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
DeVeau's	3	16	ESA	3	23						
GA	3	12	LCGYM	3	25						
Michigan Elite	3	14									

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Sunday, February 26, 2023			Session: R11			Stretch 3:30 PM			Warm Up/Comp 3:50 PM								
Level 3			# Gymnasts 66			Introduction 3:45 PM			Awards 6:00 PM								
_____ Flight A (33 gymnasts) _____						_____ Flight B (33 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Flipsters			3			9			DeVeau's			3			16		
Michigan Elite			3			15			GRG			3			7		
SET-10			3			9			GTC-Indiana			3			10		

Friday, February 24, 2023			Session: S01			Stretch 8:00 AM			Warm Up/Comp 8:25 AM								
Level XP			# Gymnasts 68			Introduction 8:20 AM			Awards 10:45 AM								
_____ Flight A (32 gymnasts) _____						_____ Flight B (36 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Buckeye Gymnastics			XP			12			EuroStars Gymnastics			XP			6		
Champ			XP			2			Flip Starz			XP			3		
Flipsters			XP			2			GA			XP			5		
Flytz Gymnastics			XP			12			GRG			XP			9		
Renegade			XP			1			QCGE			XP			3		
X-treme Gymnastics			XP			3			SET-10			XP			4		
									Ultimate01			XP			6		

Friday, February 24, 2023			Session: S02			Stretch 11:30 AM			Warm Up/Comp 11:55 AM								
Level XP			# Gymnasts 60			Introduction 11:50 AM			Awards 2:00 PM								
_____ Flight A (30 gymnasts) _____						_____ Flight B (30 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
GJGC			XP			4			Cutting Edge			XP			8		
LEGACY			XP			11			LGA			XP			7		
Michigan Elite			XP			7			Rising Starz			XP			15		
Palmer's Gymnastic01			XP			8											

Friday, February 24, 2023			Session: S03			Stretch 2:45 PM			Warm Up/Comp 3:10 PM								
Level 6			# Gymnasts 77			Introduction 3:05 PM			Awards 5:45 PM								
_____ Flight A (37 gymnasts) _____						_____ Flight B (40 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Buckeye Gymnastics			6			31			ESA			6			5		
LGA			6			6			FlipStar IL			6			11		
									Michigan Elite			6			11		
									ODG			6			8		
									Westside Gymnastics			6			5		

Friday, February 24, 2023			Session: S04			Stretch 6:30 PM			Warm Up/Comp 6:55 PM								
Level 6			# Gymnasts 74			Introduction 6:50 PM			Awards 9:30 PM								
_____ Flight A (30 gymnasts) _____						_____ Flight B (44 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Flytz Gymnastics			6			3			OGA			6			22		
GA			6			10			Ultimate01			6			11		
Gymniks			6			11			X-treme Gymnastics			6			11		
Mills			6			6											

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Saturday, February 25, 2023			Session: S05			Stretch 8:00 AM			Warm Up/Comp 8:20 AM								
Level 2 & XB			# Gymnasts 64			Introduction 8:15 AM			Awards 10:00 AM								
_____ Flight A (28 gymnasts) _____						_____ Flight B (36 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Flipsters			2			10			EuroStars Gymnastics			XB			20		
LCGYM			2			4			Flipsters			XB			4		
X-treme Gymnastics			2			14			LGA			XB			7		
									SET-10			XB			5		

Saturday, February 25, 2023			Session: S06			Stretch 10:45 AM			Warm Up/Comp 11:05 AM								
Level XG			# Gymnasts 99			Introduction 11:00 AM			Awards 1:45 PM								
_____ Flight A (49 gymnasts) _____						_____ Flight B (50 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Chicago Park Dist			XG			5			Buckeye Gymnastics			XG			12		
EuroStars Gymnastics			XG			16			Gymniks			XG			12		
Flipsters			XG			8			Mills			XG			7		
LGA			XG			16			Palmer's Gymnastic01			XG			3		
Ultimate01			XG			4			SET-10			XG			11		
									X-treme Gymnastics			XG			5		

Saturday, February 25, 2023			Session: S07			Stretch 2:45 PM			Warm Up/Comp 3:05 PM								
Level 4			# Gymnasts 91			Introduction 3:00 PM			Awards 5:45 PM								
_____ Flight A (43 gymnasts) _____						_____ Flight B (48 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
DeVeau's			4			15			Flipsters			4			6		
GTC-Indiana			4			9			Flytz Gymnastics			4			13		
Palmer's Gymnastic01			4			9			LGA			4			10		
X-treme Gymnastics			4			10			Splitz			4			12		
									Ultimate01			4			7		

Saturday, February 25, 2023			Session: S08			Stretch 6:45 PM			Warm Up/Comp 7:05 PM								
Level 4			# Gymnasts 93			Introduction 7:00 PM			Awards 9:45 PM								
_____ Flight A (46 gymnasts) _____						_____ Flight B (47 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
EuroStars Gymnastics			4			19			DeVeau's			4			15		
GA			4			14			ESA			4			6		
LCGYM			4			8			Flip Starz			4			4		
Renegade			4			2			GRG			4			2		
SET-10			4			3			Michigan Elite			4			14		
									Mills			4			6		

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## Session Summary

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Sunday, February 26, 2023			Session: S09			Stretch 8:00 AM			Warm Up/Comp 8:20 AM								
Level XS			# Gymnasts 87			Introduction 8:15 AM			Awards 10:45 AM								
_____ Flight A (42 gymnasts) _____						_____ Flight B (45 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Flipsters			XS			6			EuroStars Gymnastics			XS			21		
GRG			XS			9			Michigan Elite			XS			19		
LGA			XS			8			Renegade			XS			5		
SET-10			XS			18											
Ultimate01			XS			1											

Sunday, February 26, 2023			Session: S10			Stretch 11:45 AM			Warm Up/Comp 12:05 PM								
Level XG			# Gymnasts 96			Introduction 12:00 PM			Awards 2:45 PM								
_____ Flight A (44 gymnasts) _____						_____ Flight B (52 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
Michigan Elite			XG			21			Champion			XG			7		
Rising Starz			XG			23			Flip Starz			XG			5		
									GA			XG			18		
									GRG			XG			5		
									QCGE			XG			6		
									Renegade			XG			11		

Sunday, February 26, 2023			Session: S11			Stretch 3:45 PM			Warm Up/Comp 4:05 PM								
Level XS			# Gymnasts 83			Introduction 4:00 PM			Awards 6:15 PM								
_____ Flight A (36 gymnasts) _____						_____ Flight B (47 gymnasts) _____											
Gym			Level			# Gymnasts			Gym			Level			# Gymnasts		
QCGE			XS			16			Champion			XS			5		
Rising Starz			XS			20			DeVeau's			XS			17		
									Flip Starz			XS			7		
									GA			XS			18		